



# Sri Lanka Journal of Advanced Research Studies

IN HUMANITIES AND SOCIAL SCIENCES

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**Volume - 14 / No. 2**  
**July - December 2024**



NATIONAL CENTRE FOR ADVANCED STUDIES  
IN HUMANITIES AND SOCIAL SCIENCES (NCAS)

**Sri Lanka Journal of Advanced Research Studies in  
Humanities and Social Sciences**

Volume 14. No. 2  
July-December 2024  
ISSN 3084-9144  
ISSN: 3084-9152 (Online)

**National Center for Advanced Studies in  
Humanities and Social Sciences**

**(NCAS)**

**6A, Sukhastan Gardens, Ward Place, Colombo 07, Sri Lanka  
2024**

## **Foreword**

It is with great pleasure and honour that the National Centre for Advanced Studies in Humanities and Social Sciences (NCAS) presents **Volume 14, Issue II** of the *Sri Lanka Journal of Advanced Research Studies in Humanities and Social Sciences (SLJARS)*. This issue highlights scholarly work that advances knowledge and offers critical insights into societal wellbeing through the lenses of humanities and social sciences.

NCAS, as the only research institute in Sri Lanka governed by the *Universities Act No. 16 of 1978*, NCAS remains committed to promote and extend high-quality research that integrates academic rigor with societal relevance. It is the known fact that the rapid technological changes cannot overstate the undeniable values of human behaviour and needs, importance of human intellect, ethical and natural judgment, and cultural understanding. Research on human behaviour, society and cultural identities continue to play a pivotal role in addressing contemporary challenges and informing evidence-based decision-making.

The contributions featured in this volume reflect the interdisciplinary evolution of the humanities and social sciences, especially through the practices of arts and cultures, education and polity, demonstrating engagement with empirical data and methods, and policy-oriented analysis. Each article represents a meaningful scholarly contribution, whether through the exploration of historical processes, cultural interpretations, or critical examinations of present-day social issues.

SLJARS is a **peer-reviewed journal**, published biannually under a **double-blind review process**, and has been recognized by *Sri Lanka Journals Online (SLJOL)* since 2007. The journal continues to serve as a respected platform for scholarly dialogue and intellectual exchange at national and international levels.

I extend my sincere gratitude to the authors, reviewers, and the editorial team for their dedication and scholarly commitment. Their efforts ensure the continued academic integrity and relevance of the journal. I am confident that the research presented in this issue will inspire future scholarship and contribute constructively to the advancement of knowledge and society.

**Professor (Mrs.) Prashanthi Narangoda**  
Director/NCAS

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## **Published by**

**National Center for Advanced Studies in Humanities and Social Sciences (NCAS)**

*6A, Sukhastan Gardens, Ward Place, Colombo 07, Sri Lanka*

*Sri Lanka Journal of Advanced Research Studies in Humanities and Social Sciences*

*Vol. 14 No. 2, 2024*

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## **Cover Page Design**

Palinda Rasanjith Medage

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*NCAS Research Journal* is a bi-annual research journal of the NCAS, Colombo, Sri Lanka. It seeks to provide a platform to the academics, practitioners, policy makers and other stakeholders of various dimensions of to present their research findings and to debate on issues of mutual and common interests for the benefit of the local and global community

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\* Sri Lanka Journal of Advanced Research Studies in Humanities and Social Sciences is a continuation of **the Sri Lanka Journal of Advanced Social Studies** published since 2011, which is registered under Sri Lanka Journals online (<https://sljass.sljol.info/>)

<b>Content</b>		
01	<p><b>Unveiling the Connection: How Perceived Corporate Social Responsibility Influences Employee Commitment with Idealism as a Moderator</b></p> <p>WBMPN Weerasekara<sup>1</sup>, R. Ajward<sup>2</sup></p> <p><sup>1</sup>Department of Business Administration, University of Sri Jayewardenepura  <sup>2</sup>Department of Accounting, University of Sri Jayewardenepura, Sri Lanka</p>	1-15
02	<p><b>Leadership, Culture, and Change: A Strategic Triangle in Sri Lankan Banking</b></p> <p>Yashodhara Hennayake<sup>1</sup>, Nalin Abeysekera<sup>2</sup>, Ananda Wickramasinghe<sup>3</sup></p> <p>Department of Management Studies, GWUIM, Sri Lanka,<sup>1</sup>  Faculty of Management Studies, OUSL, Sri Lanka<sup>2</sup>  School of Business, Wollongong, Australia<sup>3</sup></p>	17-44
03	<p><b>Impression of Dance and Music: expression on rock surface (Iconographic study based on Naranamula cave in Toppigala)</b></p> <p>Niluka Thilakarathna</p> <p>Research Assistant, University of the Visual and Performing Arts</p>	45-57
04	<p><b>Agro-Pastoral Foundations and Mercantile Networks: A Multi-Proxy Reconstruction of Rakhigarhi's Metropolitan Economy</b></p> <p>. Rewant Vikram Singh,</p> <p>Associate Professor of Historiography, University of Mumbai, India</p>	59-75
05	<p><b>Bridging the Gap: Financial Literacy, Business Experience, and Performance of Small and Medium Enterprises in Sri Lanka</b></p> <p>W.A.R. Senevirathne</p> <p>Department of Accounting &amp; Finance, Faculty of Management Studies,  The Open University of Sri Lanka</p>	77-103

## **Submission Guidelines**

### **Word Limit**

- Article: Between 2,000 - 8,000 words (Maximum 30 pages including reference list, tables and figures).
- Keywords: Between 4 - 8 keywords.
- Title: Approximately in eight words.

### **Format**

- Articles must be typed, double-spaced, single-sided, numbered using Cambria Font size 11 and formatted in to B5 paper size.
- Title of the article should be in Cambria font size 14.
- Names, titles, affiliations and correspondence e-mail of all authors must be mentioned beneath the Title of the Article.
- Tables and figures should be numbered in the order in which they are referred to in the text, e.g.: (Table 1), (Figure 1).
- All acronyms used repeatedly should be cited in its entirety along with abbreviation in parentheses on first reference. e.g.: National Centre for Advanced Studies (NCAS).
- All subsequent citations should use only by the abbreviation.

### **References**

- The journal uses intext citations, therefore the authors are advised to follow the same.
- Place the footnote number at the end of the sentence in which it appears.
- Old documents cited in the text must be included in the reference list at the end of the paper.
- The authors are advised to refer Harvard Referencing Guide when citing (<https://dkit.ie.libguides.com/harvard/citing-referencing>)

### **Submission**

- Manuscripts must be submitted electronically by e-mail to [editor@ncas.ac.lk](mailto:editor@ncas.ac.lk) preferably in Microsoft Word (.doc or .docx) or Open Document Format (.odf).
- All submitted manuscripts are subject to double blind peer review process, and for recommended revisions. Those that are accepted will be edited according to the journal standards.

### **Submission Policy**

- Papers submitted to the Journal should contain original work.
- Papers that have been published or accepted for publication elsewhere will not be considered.
- The editorial Board adopts strict rules to prevent plagiarism. Electronic software tools and other devices are used to cross check any plagiarism.  
i.e. <https://www.grammarly.com/plagiarism-checker>:  
<https://www.turnitin.com/>

### **Checklist**

Ensure that the following are included with the article.

- Author details in full.
- A word count.
- An abstract.
- Keywords.
- References in Harvard style.
- Tables : numbered using Roman numerals and mentioned in the text.
- Figures : numbered using Arabic numerals and mentioned in the text.



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